# **Protecting & Serving**

# Our Public Safety Officers & First Responders

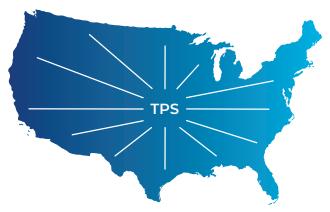
#### **WHO WE ARE**

Acadia Healthcare is a leading provider of premier behavioral healthcare services with an international network of facilities throughout the United States and the United Kingdom. With the highest standards of clinical excellence and a wealth of behavioral health expertise, Acadia offers unparalleled healthcare services to individuals, families, and organizations. As the premiere provider of behavioral healthcare to the FBI National Academy Associates (FBINAA), Acadia supports individuals struggling with concerns such as posttraumatic stress (PTS), substance use, anxiety, depression, and related behavioral health issues.

The Treatment Placement Specialists® (TPS) initiative was created to promote collaboration between behavioral healthcare providers needing a partner with resources in finding the most appropriate treatment options based on client need. The TPS team also partners with large employer groups and employee assistance professionals to help institutions locate the best care for their workforce. TPS places individuals solely based on their needs and can partner with any Acadia facility or any facility that we have individually vetted outside of the Acadia network.

#### WORKING WITH ACADIA HEALTHCARE'S TREATMENT PLACEMENT SPECIALISTS®

If you or one of your fellow officers or agents is in need, guidance is one phone call away. Acadia's Public Safety Liaison is available to you and will stay with you through the entire treatment process. Our Public Safety Liaison can connect you to the appropriate Treatment Placement Specialist®, based on geography, who is trained to triage law enforcement and public safety cases. In collaboration with the individual in need and their family if requested, our team will find the most appropriate level of care and treatment center that can meet the specific financial, clinical, and spiritual requirements of each person. We are with you through the whole process; from the initial phone call to continuing care.



## THE IMPORTANCE OF CONFIDENTIALITY

While we understand the importance of confidentiality in any case of mental health concern or substance abuse, we particularly understand this to be true for the law enforcement community. Therefore, as a team of Treatment Placement Specialists<sup>®</sup>, we treat client confidentiality with the highest priority and ensure that the placement process is 100% HIPAA compliant as we navigate the treatment landscape.

## SERVICES PROVIDED TO LAW ENFORCEMENT

Since Acadia's Public Safety Liaison and Treatment Placement Specialists® team are a part of one of the largest behavioral health providers in the U.S., we have the resources to provide clinically excellent, tailored care. At no cost, our team helps police leadership and officers navigate the treatment landscape with efficiency and confidentiality, offering informed treatment guidance and options that reflect the individualized needs of each officers. Our full services include:

- Informed & Confidential Treatment Guidance
- Streamlined Admissions
- Maintained Communication Throughout Treatment
  Return to Work Conference & Planning
- Continuing Care Assistance
- Utilization & Case Management Reviews

- Risk of Program Discharge
- AMA/ACA Discharge Prevention & Notification
- Discharge Summaries

#### WARNING SIGNS

Due to the extreme circumstances first responders are exposed to in the line of duty, they have a significantly increased risk of posttraumatic stress (PTS) which ultimately effects their ability to perform at peak levels. Some of the warning signs of PTS include:

- Unwanted, upsetting memories
- Nightmares
- Flashbacks
- Physical reactivity after exposure to traumatic reminders
- Irritability or aggression

- Risky or destructive behavior
- Hypervigilance
- Heightened startle reaction
- Difficulty concentrating
- Difficulty sleeping

In collaboration with the FBINAA, Officer Safety & Wellness Committee, and other organizational resources, the Treatment Placement Specialists® team can provide training to your members on various topics including officer/ agent resiliency, suicide awareness, peer support and more. Please contact our Public Safety Liaison for further details and to arrange a training.

"If we don't take care of ourselves, we are no good to anyone else. That is what makes the staff at Acadia so special. They make sure we take care of ourselves. I have seen firsthand the care and compassion they have for our first responders. They have the ability to pick up the pieces and put them back in the right place."